

# Bredon Hill Academy

*Learning Together for Success*

## **Headteacher**

Miss D J West, MAEd, BEd, NPQH

## **Deputy Headteacher**

Mrs M E Jessop, BA (Hons)

## **Chief Financial Officer**

Mrs C E Shalom, BSc (Hons), ACA

## **Assistant Headteacher**

Mr M Horton, BA (Hons), NPQSL

## **Assistant Headteacher**

Mrs K Dunkley, BA (Hons), NPQSL

## **Assistant Headteacher**

Ms S Vaughan, BA (Hons), NASENCO



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2<sup>nd</sup> October 2023

Dear Parents and Carers

## **Key Stage 2: Relationships and Sex Education**

As a part of your child's educational experience at Bredon Hill Academy, we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education. The intention is to give children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

In the following terms, your child's class will be taking part in lessons which will focus on the following in Relationships and Sex Education (RSE):

- Positive and healthy relationships.
- Changing relationships including friendships.
- Families.
- Growing and changing, including puberty.
- Personal hygiene.
- Changing feelings.
- Becoming more independent.
- Keeping safe.
- Developing self-esteem and confidence.

This is part of our school's PSHE education programme which is taught throughout the school in every year group. Our school Relationships and Sex Education Policy is available to view on our website. For more details about our PSHE curriculum, please visit our school website. Our PSHE programme is underpinned by our school ethos and values. All PSHE lessons take place in a safe learning environment taught by staff with specialist training. There will be opportunities for students to ask questions in order to prepare them for relationships in the modern world. Our PSHE curriculum follows the Department for Education's latest statutory guidance. Please see the attached sheet for further information.

As a school community, we are committed to working in partnership with parents. If you would like to discuss any concerns or you wish to withdraw your child from these lessons, please contact me by Friday 27<sup>th</sup> October 2023.

Yours sincerely

Claire Matthews  
Subject lead for PSHE